



SKANDIA SAIL FOR GOLD REGATTA 2010

Instructions to Competitors* regarding Crew Weighing

**Applicable to Star and Women's Match Racing entrants only*

STAR

A set of 200kg scales will be available in Room 8 at the following times for check weighing;

Friday 6th August	1000 - 1800
Saturday 7th August	0900 - 1800

Official weighing shall take place in Room 8 between the following times;

Sunday 8th August	0900 - 1700
-------------------	-------------

Any sailor failing to present themselves for official weighing within the allotted times may only be considered for weighing with the written permission of the OA.

WOMEN'S MATCH RACE

A set of 100kg scales will be available in Room 8 at the following times for check weighing;

Friday 6th August	1000 - 1800
Saturday 7th August	0900 - 1800

Official weighing shall take place in Room 8 between the following times;

Sunday 8th August	0900 - 1700
-------------------	-------------

Any sailor failing to present themselves for official weighing within the allotted times may only be considered for weighing with the written permission of the OA.

